70 Collier Street
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City of Barrie

Final

Seniors Advisory Committee

Monday, November 22, 2021 | **10:00 AM** | **Virtual Meeting**

For consideration by the Finance and Corporate Services Committee on January 25, 2022.

The meeting was called to order by the Vice Chair, G. Kavanagh at 10:07 a.m. The following were in attendance for the meeting:

Present: 9 - Chairman D. Dellio
Councillor A. Kungl
C. Green
G. Kavanagh
L. Ricardo
M. Malcolm
P. Sasco
P. Thiffault
S. Turcott

Absent: 2 - H. Stone
J. Annable

STAFF:
Committee Support Clerk, B. Thompson

ALSO PRESENT:
L. Proctor, Prevention of Seniors Abuse Network - Simcoe County
P. Luening, Prevention of Seniors Abuse Network - Simcoe County
S. Palmer, Barrie Food Bank
T. Hill, Georgian Village - Simcoe County

The Seniors Advisory Committee met and reports as follows:

PREVENTION OF SENIORS ABUSE AND AGEISM - HEALTH

Pauline Luening and Laura Proctor from Prevention of Seniors Abuse Network - Simcoe County provided a presentation giving a closer look at elder abuse and prevention.

Ms. Luening and Ms. Proctor discussed slides concerning the following topics:

- The background and history of the organization;
- The organization's vision and mission statements;
- The services provided by the organization;
- An overview on the recent accomplishments funded by the 2019 Seniors Community Grant;
- The next steps and future projects for the organization;
- The definition of elder abuse and statistics according to the World Health Organization;
- The risk factors and vulnerable groups;
- Recognizing elder abuse; and
- A summary of the types of elder abuse including financial, neglect, and physical abuse.

Members of the Committee asked a number of questions of Ms. Luening and Ms. Proctor and received responses.

Attachments: Presentation - SIMCOE COUNTY-Seniors Advisory Committee-Nov 22, 2021

BARRIE FOOD BANK

Sharon Palmer from the Barrie Food Bank provided a presentation concerning the Food Bank and serving Barrie's vulnerable individuals and families.

Ms. Palmer discussed slides concerning the following topics:

- The vision, mission and values of the Barrie Food Bank;
- An overview on the community funded charity;
- Statistics associated to seniors using the Barrie Food Bank by age;
- A bar graphs illustrating during the pandemic, the number of individuals and individuals 60+ that used the Food Bank from January 1, 2019 to October 31, 2021 and the costs of food and housing among low income earners in Simcoe Muskoka in 2019;
- A summary of scenarios based on individuals and families in the County of Simcoe and monthly income, living expenses, nutritious food basket

and food costs;
- The low barrier access to food for Barrie and Innisfil residents; and
- The food available at the Barrie Food Bank.

Members of the Committee asked a number of questions of Ms. Palmer and received responses.

Attachments: Presentation - Barrie Food Bank - 211122

SIMCOE COUNTY SOCIAL SERVICES - AGE-FRIENDLY

Tracy Hill, Age-Friendly Project Team Lead Recreationist, Seniors Services, County of Simcoe, Georgian Village provided a presentation concerning the County of Simcoe as an age-friendly community.
Ms. Hill discussed slides concerning the following topics:

- An introduction of the Age-Friendly Simcoe County Team;
- The World Health Organization (WHO) age-friendly initiative;
- The WHO identified eight dimensions for an age-friendly environment;
- The County of Simcoe 2018-2023 Age-Friendly Planning Framework regarding a Simcoe County Positive Aging Strategy for Older Adults;
- The background and timelines completed in developing an age-friendly community;
- The County of Simcoe programs and services supporting seniors during COVID-19 including Simcoe's age-friendly website and 211 Ontario;
- The Age-Friendly Seniors Housing Grant Program;
- The Age-Friendly Business Guide and Recognition Program;
- The changes in technology for seniors to use during the pandemic;
- The key learning and pressures faced in supporting seniors during COVID-19; and
- A summary of the opportunities to enhance age-friendly in Simcoe County including the redevelopment of Simcoe Manor; Simcoe Village site plan and age-friendly business took kits.

Members of the Committee asked a number of questions of Ms. Hill and received responses.

Attachments: Presentation - Age-Friendly Barrie Seniors Advisory Committee 211122

2022 MEETING SCHEDULE

The Committee discussed the 2022 meeting schedule and agreed to defer this item to the next meeting for further discussion.

SENIORS EVENTS/INFORMATION/UPDATES

Gwen Kavanagh advised that the Canadian Association of Retired Persons (CARP) Barrie Chapter is continuing to work on the Seniors Community Fund to assist seniors living at or below the poverty line in the City of Barrie.

Colin Green informed the Committee that he is leaving his position at the Gilbert Centre and on the Active Transportation and Sustainability Advisory Committee.

Lucia Ricardo advised that the Nanji Family Foundation CNIB SmartLife Centre is continuing to offer a wide array of programming, one-on-one training with accessible technology, however no in-person groups.

Councillor, A. Kungl discussed “Walk with Me” Wednesdays at the Georgian Mall offering a form of physical activity from 7:00 a.m. to 8:00 a.m. before the stores open for business. She discussed other programs for physical activity such as drop-in programs, an All-Body Swims, pickleball, and facility resources for all ages.

ADJOURNMENT

The meeting adjourned at 11:43 a.m.

CHAIRMAN